





CATEGORIES & CRITERIA

Top 25 Spas in Canada

- Maintains a consistently high standard of luxury, service and quality where indulgence in or enjoyment of comforts and pleasures are a priority in addition to those necessary for a reasonable standard of well-being
- · Believes in the precepts of spa wellness and shares these philosophies with guests
- Offers spa programs and menus designed to encourage health-enhancing activities and wellness
- Demonstrates professional client management and business management
- Demonstrates practice and promotion of the highest standard of quality and spa safety
- All specialized/professional team members comply with local, provincial and federal regulations concerning licensing, registration, sanitation and appropriate accreditation or certification and only provide services in their area of the accreditation, or certification
- Demonstrates a commitment to providing education, training and professional development opportunities for all team members
- Supports the ongoing improvement of quality and professional spa services offered to the public
- · Demonstrates a commitment to sustainable and environmentally safe practices
- · Provides a sanctuary away from everyday life for the mind, body and spirit

The following categories demonstrate the above in addition to category-specific criteria:

Top Day Spa

- A stand-alone spa facility that does not offer overnight accommodation
- May contain facilities such as a sauna, pool, steam room, or whirlpool that guests may use in addition to their treatment

Top Destination Spa

- Offers a wellness vacation experience
- An integrated experience including spa services and health and wellness classes
- · Healthy spa cuisine and nutritional education
- A full program of fitness and stress reduction classes

Top Hotel Spa

- Caters to both hotel guests and outside visitors
- Spa facility located within the grounds of a hotel complex

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Top Hydro Spa

- Offers wellness through water (Sanitas Per Aquam) e.g. Nordic, thermal, mineral springs, hydrotherapy
- May also offer other aspects of health and wellness services

Top Medi-Spa

- Offers a medical program, which uses medical treatments such as lasers, microdermabrasion, injectables, and other medical beauty procedures
- · Operates under the on-site supervision of a licensed health care professional
- Offers traditional, clinical, and alternative health practices and treatments in a spa-like setting

Top New Spa

A new spa that has opened since September 1, 2019

Consumer's Choice Award

- A Canadian spa offering the best overall experience of increased health and wellness as determined by the consumer
- · Consumer's favourite spa promoting health and wellness

Q NEW Pillar of the Community Award

- Recognizing a business or individual who has supported their community, staff and clients during unprecedented times
- Has contributed to the growth, betterment, and recognition of the Canadian spa and wellness industry

RECOGNIZING CANADIAN INDUSTRY CONTRIBUTORS

Education Award

• This award recognizes an individual, business or educational institution developing and delivering high-quality education opportunities for spa practitioners and/or spa professionals in Canada

Top Spa Partner

- This award recognizes an outstanding spa partner that demonstrates good business practices and provides superior support, training and education
- Company or individual providing high-quality service and/or product support to the Canadian spa and wellness industry

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